

ABSTRACT

Compositions and methods are provided for supplementing a nutrition-depleting beverage. A nutrient supplement typically includes an active ingredient effective to compensate for the nutrient depletion incurred by consuming the beverage, an excipient, and a delivery formulation. An active ingredient may include a vitamin, mineral, electrolyte, or other nutrient. An excipient may include anti-oxidants, pH buffers, flavor masking agents, odor masking agents, preservatives, timed-release mechanisms, and other excipients added to the beverage to support delivery of the active ingredient from the beverage to the bloodstream of a user. A method for increasing nutritional constituents otherwise subject to a deficiency in a user as a consequence of consumption of a beverage, may include a method for making and administering a supplemented beverage for increasing nutritional constituents.

Docket: 2456.2.14

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